



FRESH TOMATO SALSA

INGREDIENTS

3 medium slicing tomatoes or 3 large handfuls of cherry tomatoes
½ of an onion
1 lime or lemon
Handful of cilantro
One clove of garlic
A little hot pepper (either dried or chopped fresh, for example a jalapeno) (optional)
Salt

EQUIPMENT

Chopping knife or plastic kid knives
Cutting board
Bowls
Garlic press (optional)
Lemon juicer (optional)

PROCEDURE

- 1) Chop or dice onion. You can pour water over the onion and let it sit in a container with water while you work to remove some the pungent flavor. Completely drain all of the water before adding to the salsa.
- 2) Squeeze lemon or lime into a bowl
- 3) Chop or press garlic and add to bowl
- 4) Chop tomatoes and add
- 5) Add hot pepper if desired
- 6) Add onion
- 7) Season with salt to taste

Enjoy with tortilla chips or spoon on any dish you like.