



YOUR FARM, AT WORK.

LEARN HOW TO GROW YOUR OWN FOOD +
TAKE HOME ORGANIC PRODUCE AT MIDDLESEX GREEN

Join your co-workers and fellow tenants outside to help plant, maintain, and harvest fresh organic produce from the workplace wellness garden at Middlesex Green. Learn how to grow your own food with professional assistance from Green City Growers urban farmers- and take home the bounty!

Weekly program sessions are for all skill levels.



2021 GARDEN PROGRAM SCHEDULE

Mondays from 12PM-1PM.

Rain or shine.

The program kicks off on
Monday, April 5th

Masks and social distancing are required for participation

Open to all tenants



WHY PARTICIPATE?

- Re-energize and reduce stress
- Meet your neighbors
- Enjoy fresh organic produce



PARADIGM