



YOUR FARM, AT HOME.

GROW ORGANIC VEGETABLES! JOIN THE HIGHLAND GLEN GARDEN.

Join your neighbors outside to help **plant**, **maintain**, and **harvest** the tenant garden at **Highland Glen Garden**. Learn how to grow your own with professional assistance from **Green City Growers** urban farmers. Weekly sessions and tasks geared to all skill levels. Wear something comfortable. Come to the garden orientation and first education session to learn more about how to get involved.

WHY PARTICIPATE?

- Gain new practical skills you can apply at home
- Re-energize and reduce stress
- Collaborate with neighbors
- Enjoy delicious and fresh organic produce



FIRST GARDEN SESSION

Date: March 14th

Time: 2:00-3:00pm

Meet in the Highland Glen Community Area Building 1!

The program will continue **rain or shine every week** on **Thursdays** from **2:00-3:00pm**. Meet your farmer in the garden!

"It's a different feeling than touching my keyboard all day, and its nice to get outside and see something green and growing and to battle some bugs instead of my keyboard for a little while."

- GCG Garden Participant

